2016 Report to the Community

A-SPAN
Ending Homelessness in Arlington
“Housing is like healthcare. We see dramatic improvements in people’s lives and health as we move individuals from homelessness to a home.”

Kathleen Sibert, A-SPAN President/CEO
On behalf of the A-SPAN Board of Directors we would like to extend our heartfelt thanks to each of you—our donors, volunteers, and dear friends. Your loyal support helps make the vital work of A-SPAN possible, and this year helped us make more progress than ever towards our goal of ending homelessness in Arlington. In the past year, A-SPAN is proud to have housed 63 homeless individuals and veterans—but it doesn’t end there. We stick with them to ensure everyone who moves into an apartment remains successful in their new home.

The Board of Directors also wants to thank A-SPAN’s amazing staff, pictured here, who every day go above and beyond the call of duty, and make miracles happen for our grateful clients.

Fiscal Year 2016 was another record year for A-SPAN, as we grew our revenues to an all-time high, and finished in the black for the 8th year in a row, enabling us to build some financial reserves for future initiatives. We also added key staff positions to our shelter, medical, kitchen, and housing teams, and were able to move more of our clients into apartments of their own than in any prior year. We were also proud to be part of the effort that made Arlington one of the first communities in the U.S. to end chronic veteran homelessness.

With your help, A-SPAN has become a very strong and effective organization, and a leader among groups in the homeless services field. But, as you know, a great deal of work remains to be done. You can be assured of this: Our commitment to ending homelessness in Arlington is unwavering. With your support, we will make even more progress toward this goal in 2017.

With Many Thanks,

Jim Whittaker,
Board Chair FY 2015-16

Todd Ihrig,
Board Chair FY 2017
Honour Roll of Donors and Volunteers

(A-SPAN’s 2016 Fiscal Year is July 1, 2015 - June 30, 2016)

A-SPAN is grateful for the thousands of volunteers, donors and community supporters who help A-SPAN end homelessness in Arlington.

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With your support, A-SPAN housed 63 individuals and veterans in FY16

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A-SPAN continues to work with newly housed individuals to ensure everyone who moves into an apartment remains successful in their new home.
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A-SPAN is celebrating its 25th Anniversary in 2017
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Sheila Yosufy
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Janet Zinn

THANKS TO OUR FRIENDS AND PARTNERS IN THE ARLINGTON SCHOOL DISTRICT

Ashlawn Elementary School
Carlin Springs Elementary School
Discovery Elementary School
Episcopal High School
Francis Scott Key Elementary School
H-B Woodlawn Secondary Program
Hoffman-Boston Elementary School
Jamestown Elementary School
Kenmore Middle School
Nottingham Elementary School
Oakridge Elementary School
Our Savior Lutheran School
Randolph Elementary School
Wakefield High School
Yorktown High School

THANKS TO THE FAITH-BASED COMMUNITY FOR THEIR GENEROSITY AND SUPPORT

Advent Lutheran Church
Arlington Church of Christ
Arlington Temple United Methodist Church
BLD Washington Covenant
Central United Methodist Church
Cherrydale Baptist Church
Church Of The Ascension
Church of the Covenant
Christ Church of Arlington
Clarendon Presbyterian Church
Emmanuel Presbyterian Church
Faith Lutheran Church
First Presbyterian Church
Grace Community Church
Little Falls Presbyterian Church
Memorial Baptist Church
Mt. Olivet United Methodist Church
Mt. Vernon Baptist Church
NOVA Catholic Community
Our Savior Lutheran Church
Rock Spring Congregational United Church of Christ
St. Andrew’s Episcopal Church
St. Ann’s Catholic Church
St. Charles Borromeo Catholic Church
St. George’s Episcopal Church
St. Mary’s Episcopal Church
St. Michael’s Episcopal Church
St. Peter’s Episcopal Church
Temple Rodef Shalom
Unitarian Universalist Church of Arlington
Walker Chapel United Methodist Church
A-SPAN Financials
FY 2016: July 1, 2015 - June 30, 2016

Growth: Permanent Supportive Housing
From Six in FY 2010 to 74 in FY 2016

For every dollar you donate to A-SPAN,
$0.92 is spent directly on our clients

Revenue Fiscal Year 2016
Total Revenue: $3,814,050
- Government Contracts: $2,614,760
- Grants, Contributions, & Special Events: $979,966
- Donated Goods & Services: $219,324

Expenses Fiscal Year 2016
Total Expenses: $3,647,280
- Program Expenses: $3,342,686
- Fundraising: $172,418
- Management & General: $132,176

Government Contracts Fiscal Year 2016
Total Government Contracts: $2,614,760
- Arlington County: $1,365,186
- Federal Government: $1,005,360
- State Government: $244,214

A-SPAN is independently audited by Rogers & Company. If you would like a copy of an audit, contact Scott Miller at 703-228-7809. Full financial information is available online at www2.guidestar.org.
FY 2016 Volunteers

A-SPAN THANKS THE 1677 VOLUNTEER GROUPS AND INDIVIDUALS WHO WORKED 10,200 VOLUNTEER HOURS IN FISCAL YEAR 2016. Programs like the Homeless Bagged Meal Program and services at the Homeless Services Center would not be possible without their contributions and dedication of time and energy.

Faduma Abdullahi
Appollinaire Abo
Priscilla Agyemang
Daniel Albrant
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1,677 A-SPAN volunteers provided over 10,200 volunteer hours to help homeless neighbors in need
IMAGINE THIS, YOU’RE 15 YEARS OLD AND YOU CAN’T GET OUT OF BED. You feel an intense sadness putting pressure on your body pinning you down. You don’t know what’s wrong and you feel terrified to even tell anyone what’s happening to you. You feel so afraid and alone that you decide to take your own life.

This is how Cassandra’s story starts, but it does not end there. For Cassandra it was severe major depressive disorder that derailed her dreams. It took a team of people at A-SPAN and the Department of Human Services to help her get back on track.

AN INTEREST IN MENTAL HEALTH

At age 15 she had her first hospitalization and was diagnosed with severe major depressive disorder. That experience in the hospital forever changed her. She decided then that she wanted to become a mental health counselor to change the standards of treatment and how counselors interact with clients. After graduating with a degree in psychology she decided to pursue her master’s in mental health counseling.

In her final year of graduate school everything became too much to handle. The intensiveness of her program and the two jobs she had to work in order to attend sparked another major depressive episode. This time it was harder to break free from the depression. She was forced to drop out of school, lost both her jobs and her apartment which prompted a return to her hometown of Arlington. Cassandra was homeless.

CONNECTING WITH A-SPAN

After some time and deep in depression, she made herself attend a counseling session at Arlington’s Department of Human Services. Her counselor helped connect her with A-SPAN. After an intake interview she was found to be a good fit for the housing program. For the first time in months things seemed to be looking up for Cassandra.

She was assigned to A-SPAN case manager Rachel and approved for an apartment.

Following her move in and weekly meetings with her Case Manager, Cassandra slowly started getting back into things. Cooking helped her begin thinking about how nutrition, fitness and mental health are connected. She became more deliberate with the foods she ate. With medication and consistent exercise, she began to notice a difference with herself and her mood.

“When we first met I could barely get her on the phone to check in, she would always be sleeping and didn’t want to do much. I have noticed a distinct change in her, she’s happier and more talkative.”

– Rachel

This self-improvement reminded Cassandra that her life’s goal was to help people. Cassandra created her own ministry that combines fitness with mental health and God. Through her ministry she has learned, and is teaching others to take time with recovery and healing.

Cassandra no longer hides her illness which was contributing to her homelessness, stress and eventual break downs. She shares her story to help people and to combat the stigma of mental illness through her website and YouTube videos.
A-SPAN Highlights
July 1, 2015 – June 30, 2016

Numbers that Count
A-SPAN provided 1,336 medical visits to 508 individual clients
A-SPAN provided 46 individuals with specialized medical respite care

New Homeless Services Center (HSC)
HSC is a 24/7 year round resource center
HSC is the first of its kind in the DC metro area
HSC is much more than just a shelter
HSC allows A-SPAN to offer all our services under one roof for the first time

Awards & Recognition
A-SPAN awarded the Board Leadership Award, Center for Nonprofit Advancement
Advancement in Management (AIM) Honorable Mention Award Winner, Center for Nonprofit Advancement
A-SPAN’s mission is to secure permanent housing and provide life-sustaining services for Arlington’s most vulnerable individuals through outreach and relationships built on trust and respect.